

## **New Barrel in Lobby for Food Donations to EFAA**

Friends, we now have an easy way to donate non-perishable food items to the EFAA (Emergency Family Assistance Association) food bank. Just bring them to Meeting and place them in the white barrel near the sock box in the lobby.

Examples of food needed right now:

- Meals in a can (soup, stew, chili)
- Canned tuna or chicken
- Canned fruit (in juice)
- Low-sodium canned veggies
- Refried beans, or other canned or dry beans
- Peanut butter
- Oatmeal or low-sugar, whole-grain cereals
- Healthy snacks (granola bars, nuts, dried fruit)
- Shelf-stable milk

Culturally diverse food items, like masa flour and tamale husks are also needed.

EFAA will accept non-perishables that are up to one year past expiration.

**Please avoid donating items packaged in glass.**

EFAA also accepts toiletries and household products, such as toilet paper, hair products, household cleaning products, laundry detergent, diapers and toothpaste.

Rebecca Morris and Greg Shubert will check this plastic barrel weekly, and, as it fills, take the items directly to EFAA, letting them know this is a donation from Boulder Friends. Please contact either of us with any questions.